



Ingram's Incisor

Vol. 1, 2012

 Ingram Dental Clinic, P.C.
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From our entire team at Ingram Dental Clinic, P.C. we personally welcome you to our newsletter to share a little about us and dentistry. We hope you enjoy the personal touch.

Professionally, our goal is to help you obtain and maintain health and a beautiful smile. Our friendly team of professionals with over 190 years of dental training and experience strives to provide the highest quality dental care.

Personally, our goal is to provide dental care with compassion and understanding. We strive to treat each patient as we would want to be treated.

Thank you and enjoy the newsletter: INGRAM'S INCISOR!

Sincerely,
Dr. Ben Ingram



Congratulations to Sandra, Dawn, Randa, Telisha, Christi, Krista, Cindi, Allison and Dr. Ben for successfully completing PATIENT EXPERIENCE CERTIFICATION, a training program design to create the best experience for you our dental patient at Ingram Dental Clinic. The certification training dealt with professionalism, communication, patient experience and solving patient needs.

Ingram Dental Clinic, P.C. participates in Piedmont Benevolence Center "A STAR for Christmas" Program. Nine area children woke up to a Merry Christmas with toys, clothes and food because of the kindness of Dr. Ben and staff. The staff went shopping for their 'STAR' Child's Christmas wishes and presented the bags of gifts to PBC Executive Director Heather Lamey for distribution to the needy children.



Randa, Dawn, Krista, Allison, Telisha with Executive Director Heather Lamey, Cindi and Christi. Delivery of Christmas Gifts to PBC warehouse.

Get to Know Us



Dr. Ingram opened Ingram Dental Clinic in August of 1984, after graduating from University of Alabama School of Dentistry in Birmingham. Outside of the office he enjoys traveling and visiting National Parks. He is also an avid Roll Tide Football fan. Dr. Ingram serves as President on The Piedmont Health Care Authority and facilitator of The Piedmont Benevolence Center. Dr. Ben has served on municipal boards in Piedmont for over 38 years. He is married to Sandra (Steward) Ingram, who is the Office Administrator to Ingram Dental Clinic. They have two beautiful daughters. Krista, an accountant is married to Brandon Connell, fireman/paramedic and they have one child Fischer. Amanda a registered dental hygienist, is married to Geoffrey Cobb, who is employed at the Depot. When traveling Dr. Ben and Sandra take Heidi, their Westie dog on long road trips.



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MISSION STATEMENT: "And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you; That ye may walk honestly toward them that are without, and that ye may have lack of nothing." **I Thessalonians 4:11-12**



We are accepting new patients! If you are happy with the care we've given you, we would love to offer the same care to your friends and family. It's an honor to serve you.



We would like to recognize **Logan Shoemaker** as our spotlight patient. **Logan** recently competed in the Piedmont Elementary School Spelling Bee where he won second place. He is in the fourth grade and in Mrs. Baggett's home room. **Logan** is the son of **Richard and Elisa Shoemaker**.

Good Job Logan!

What is a **DENTAL EXAMINATION**? When a patient goes to Dr. Ingram's Office a dental examination is performed by Dr. Ben and Staff to check you the patient for various oral health concerns. When a dental exam is performed with your dental prophylaxis (cleaning) the following things are checked:

- Each tooth is inspected for pain, decay, missing, filled, fractures, chipped, wear (abrasion), heavy bite (attrition &/or abfraction), chemical damage (erosion), stain, discoloration.
- Gums are checked for pain, bleeding, drainage, swelling, separation, color, shape and position to check for conditions of gingivitis.
- Bone is checked by radiographs (x-ray films), measurement of periodontal pockets and loss of bone shape, density and height to check for periodontal disease (pyorrhea).
- Occlusion/joint (TMJ) is inspected to check for alignment of teeth for orthodontic treatment, proper chewing ability, bruxism (excess grinding away of occlusion or chewing surface of teeth), joint pain, discomfort or dysfunction.
- Oral cancer screen to check lips, gum, tongue, cheeks, throat and palate for signs of oral cancer.

From the oral examination, a diagnosis (diseases present) and plan for the treatment options is presented to the patient for consideration.